



[Volume 2, Issue 2]: 9/14/18

Richford Elementary School News

Newsbrief: Building Stamina at RES

RES students are working on growing their ability to have stamina during problem solving and learning tasks. Stamina means that we are encouraging students to work through difficult situations and try different strategies to succeed. Studies have shown that a great amount of learning happens when we work through difficult tasks.

To help students be successful with building stamina, we are teaching students strategies to use when working on difficult tasks, like rereading the information, using a picture or other written method to think more about it, and trying to solve a problem more than one way. When students learn to think about they way they are thinking and learning, it's called metacognition.

You can help your student become better at working through difficult tasks (even if it is creating an arts and crafts project or building something out of wood or blocks) by asking your child: How did you figure that out? Why did you use that tool/strategy? What did you learn by figuring that out? What will you do next time?

Also, praise your child for effort and creative thinking specifically by saying, "Wow you worked a long time to make that. You figured out how to....." or "That was a complicated (structure, drawing, story) that you (built, drew, read/wrote)."

These little tidbits can grow your child's confidence in their own abilities to solve difficult problems.



UPCOMING EVENTS

September 18 (Tuesday)- Picture Day!

September 18 (Tuesday)- 7pm Band Instrument Rental Visit (see below)

September 19 (Wednesday)- After School Program paperwork due

September 24 (Monday)- First day for After School Program

September 13-October 16 Soccer Game Schedule Grades 3-5—4:30 (see back)



Band Instrument Rental Night

Rental night for families who are going to begin renting a band instrument is Tuesday, September 18th, at 7:00 PM in the music room. An adult must be present to sign the rental agreement and make payment arrangements, including the first payment. You must attend the rental night to rent an instrument. An instrument will be delivered for you only if you returned a band form to Mrs. Sheperd. If you have any questions or concerns, please get in touch with Mrs. Sheperd at bsheperd@richfordk12.net or 848-7453 ext. 30.

For more information:

“Like” the RES Athletics page
on Facebook



Fall, 2018 SCHEDULE FOR 3/4/5 GIRLS AND BOYS SOCCER

	BAKERSFIELD	BERKSHIRE	ENOSBURG	MONTGOMERY	RICHFORD
SEPT 13	@Richford	Home w/ Enosburg	@ Berkshire		Home w/ Bakersfield
SEPT 18	@ Enosburg	@ Montgomery	Home w/ Bakersfield	Home w/ Berkshire	
SEPT 20	@ Berkshire	Home with Bakersfield		@ Richford	Home w/ Montgomery
SEPT 25	Home w/ Enosburg		@ Bakersfield	Home w/ Richford	@ Montgomery
SEPT 27		Home w/ Richford	Home w/ Montgomery	@ Enosburg	@Berkshire
OCT 2		@ Richford	@ Montgomery	Home w/ Enosburg	Home w/ Berkshire
OCT 4	Home with Richford	Home w/ Montgomery		@ Berkshire	@Bakersfield
OCT 9	Home with Montgomery	@ Enosburg	Home with Berkshire	@ Bakersfield	
OCT 11	@Montgomery		Home with Richford	Home with Bakersfield	@Enosburg
OCT 16	Home w/ Berkshire	@ Bakersfield	@ Richford		Home with Enosburg
	BAKERSFIELD	BERKSHIRE	ENOSBURG	MONTGOMERY	RICHFORD

